

# COMPANY CLASSES *Weekly schedule*

Mondays					
Studio	4:00	5:00	6:00	7:00	8:00
1					
2		<b>Ignite</b> Ballet / Yoga Maya	<b>Ignite</b> Legs / feet / combo Bailey	<b>Empower</b> Ballet / Yoga Maya	<b>Pre Pro</b> Ballet Maya
3				<b>Pre Pro</b> Performance Bailey	<b>Empower</b> Performance Bailey

Tuesdays					
Studio	4:00	5:00	6:00	7:00	8:00
1					
2		<b>Ignite</b> Tech / Tricks / Movement Improv Joyce	<b>Ignite</b> <b>Inspire</b> Strength Joyce *Master Class	<b>Ignite</b> <b>Inspire</b> Hip Hop Denise	<b>Impact</b> Performance Joyce
3		<b>Impact</b> <b>Envision</b> Ballet Maya	<b>Impact</b> <b>Envision</b> Strength Tech / Turns / Tricks Joyce / Bally *Envision Master Class	<b>Empower</b> <b>Pre Pro</b> Hip Hop Denise	<b>Empower</b> <b>Pre Pro</b> Strength Joyce *Master Class

Wednesdays					
Studio	4:00	5:00	6:00	7:00	8:00
1				<b>Envision</b> Ballet / Legs / Feet Maya	
2	<b>Rockstarz</b> Mini Ex. Strength Combo Bailey / Kailin	<b>Rockstarz</b> Mini Ex. Tech / Tricks Bailey / Kailin	<b>Impact</b> <b>Envision</b> Tech / Stretch Legs Combo Kailin	<b>Pre Pro</b> Movement Improv / Combo Kailin	<b>Pre Pro</b> Tech / Turn / Tricks Bailey
3		<b>Inspire</b> Ballet / Yoga Maya	<b>Inspire</b> Performance Bailey	<b>Empower</b> Tech / Turn / Tricks Bailey	<b>Empower</b> Movement Improv / Combo Kailin

Thursdays					
Studio	4:00	5:00	6:00	7:00	8:00
1					
2	<b>Rockstarz</b> Mini Ex. Ballet Tech / Yoga Maya	<b>Rockstarz</b> Mini Ex. Legs / Feet Combo Bailey			
3		<b>Inspire</b> Legs / Feet Combo Kailin	<b>Inspire</b> Tech / Tricks Movement Improv Kailin	<b>Envision</b> Hip Hop Denise	<b>Envision</b> Performance Bailey

Fridays					
Studio	4:00	5:00	6:00	7:00	8:00
1					
2		<b>Mini Ex.</b> Hip Hop Denise	<b>Mini Ex.</b> Performance Joyce		
3		<b>Ignite</b> Performance Joyce			